



GURU GOBIND SINGH INDRAPRASTHA UNIVERSITY

Sector 16-C, Dwarka, New Delhi -110078

EXAMINATION DIVISION
(CONDUCT BRANCH-I)

IPU

FINAL Datesheet for End Term PRACTICAL Examinations (November 2025 – January 2026) Regular & Reappear
PROGRAMME: B.SC. (YOGA) (REGULAR/REAPPEAR) (Affiliated Institute)

Date & Day	Time: 9:00 AM onwards		
	1 st Semester	3 rd Semester	5 th Semester
04.12.2025 (Thursday)	BS-CP 106: Yoga Practicum-I	BS-CP 306: Yoga Practicum-III	BS-CP 506: Yoga Practicum-V
05.12.2025 (Friday)	BS-CP 107: Human Anatomy & Physiology Practicum –I	BS-CP 307: Practicum- Practice of Teaching Yoga-I	BS-CP 507: Yoga Therapy Practicum –I
08.12.2025 (Monday)	BS-CP 108: Biochemistry Practicum-I	BS-CP 308: Psychology Practicum	BS-CP 508: Computer Practical

Note: Change, if any, in the above Schedule of Examinations will be notified only on the official website of GGSIPU i.e. www.ipu.ac.in

EXAMINATION CENTRE: PRACTICAL EXAMINATION WILL BE HELD AT RESPECTIVE INSTITUTE / COLLEGE

BOOKS, ANY OTHER PRINTED / HANDWRITTEN / COURSE MATERIAL ETC., BAGS, MOBILE PHONES, PROGRAMMABLE CALCULATORS & OTHER ELECTRONIC GADGETS ARE NOT PERMITTED INSIDE THE PREMISES OF THE EXAMINATION CENTRE, IF SUCH MATERIAL(S) FOUND, THE SAME MAY BE BOOKED UNDER UNFAIR MEANS CASE.

For Any Clarification and query please contact: Section Officer 011-25302259


(Y.S. Kataria)
Incharge (Conduct)

Dated :


(Prof. Gulshan Kumar)
Controller of Examinations



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FINAL Datesheet for End Term **THEORY** Examinations (November 2025 – January 2026) Regular & Reappear

PROGRAMME: B.SC. (YOGA) (REGULAR/REAPPEAR) (Affiliated Institute)

Date & Day	TIME: 10:00 AM TO 01:00 PM		TIME: 02:00 PM TO 05:00 PM
	1 st Semester	3 rd Semester	5 th Semester
10.12.2025 (Wednesday)	=====	BS-CT 301: Patanjala Yoga Darshana-I	=====
11.12.2025 (Thursday)	BS-CT 101: Foundations of Yoga	=====	BS-CT 501: Four Streams of Yoga
12.12.2025 (Friday)	=====	BS-CT 302: Hath Yoga Texts-II	=====
13.12.2025 (Saturday)	BS-CT 102: Foundations and Practices of Hath Yoga	=====	BS-CT 502: Yogic Management of Common Disorders
15.12.2025 (Monday)	=====	BS-CT 303: Impact of Yogic Practices on Human Body	=====
16.12.2025 (Tuesday)	BS-CT 103: Human Anatomy & Physiology-I	=====	BS-CT 503: Research Methodology
17.12.2025 (Wednesday)	=====	BS-CT 304: Fundamentals of Psychology	=====
18.12.2025 (Thursday)	BS-CT 104: Fundamentals of Biochemistry	=====	BS-CT 504: Fundamentals of Ayurveda

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Date & Day	TIME: 10:00 AM TO 01:00 PM		TIME: 02:00 PM TO 05:00 PM
	1 st Semester	3 rd Semester	5 th Semester
19.12.2025 (Friday)	=====	BS-CT 305(H): Functional Hindi-I OR BS-CT 309(E): Functional English-I	=====
20.12.2025 (Saturday)	BS-CT 105: Basics of Sanskrit Language-I	=====	BS-CT 505: Computer Applications

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PROGRAMME: B.SC. (YOGA) – SPECIAL BATCH (REGULAR/REAPPEAR) (Affiliated Institute)

Date & Day	Time: 9:00 AM onwards
	6 th Semester
04.12.2025 (Thursday)	BS-CP 606: Yoga Practicum-VI
05.12.2025 (Friday)	BS-CP 607: Yoga Therapy Practicum -II
08.12.2025 (Monday)	BS-CP 608: Project Work

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Date & Day	TIME: 02:00 PM TO 05:00 PM
	6 th Semester
10.12.2025 (Wednesday)	BS-CT 601: Yoga and Human Consciousness
12.12.2025 (Friday)	BS-CT 602: Yogic Management on Non Communicable Disease
18.12.2025 (Thursday)	BS-CT 604: Fundamentals of Counselling
22.12.2025 (Monday)	BS-CT 605: Fundamentals of Naturopathy
24.12.2025 (Wednesday)	BS-CT 603: Yoga Protocols for Special Targeted Groups

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Date & Day	Time: 9:00 AM onwards	
	1 st Semester	3 rd Semester
03.12.2025 (Wednesday)	=====	MS-CP 305: Yoga Practicum –III
04.12.2025 (Thursday)	MS-CP105: Yoga Practicum-I	MS-CP 306: Applied Biochemistry Practicum
05.12.2025 (Friday)	MS-CP106: Anatomy & Physiology Practicum	MS-PW 307: Project Work

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FINAL Datesheet for End Term THEORY Examinations (November 2025 – January 2026) Regular & Reappear

PROGRAMME: M.SC. (YOGA) –(REGULAR/REAPPEAR) (Affiliated Institute)

Date & Day	TIME:10:00 AM TO 01:00 PM	TIME: 02:00 PM TO 05:00 PM
	1 st Semester	3 rd Semester
08.12.2025 (Monday)	MS-CT 101: Foundations of Indian Philosophy	MS-CT 301: Yogic Concepts in Principal Upanishads and Yogopanishads
10.10.2025 (Wednesday)	MS-CT 102: Applications of Hatha Yoga in Health and Healing	MS-CT 302: Applied Bio-Chemistry
12.12.2025 (Friday)	MS-CT 103: Human Anatomy and Physiology	MS-CT 303: Therapeutic Yoga-III
16.12.2025 (Tuesday)	MS-CT 104: Therapeutic Yoga-I	MS-CT 304: Research Methodology in Yoga

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Final Datesheet for End Term **PRACTICAL** Examinations (November 2025 – January 2026) Regular & Reappear
PROGRAMME: POST GRADUATE DIPLOMA IN YOGA THERAPY FOR MEDICOS AND PARA MEDICOS (REGULAR/REAPPEAR)
(Affiliated Institute)

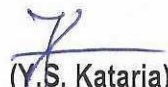
Date & Day	Time: 9:00 AM onwards
	1 st Semester
04.12.2025 (Thursday)	PGDYT-PC 106: Yoga Practicum-I
05.12.2025 (Friday)	PGDYT-FW 107: Field Work

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PROGRAMME: POST GRADUATE DIPLOMA IN YOGA THERAPY FOR MEDICOS AND PARA MEDICOS (REGULAR/REAPPEAR)
(Affiliated Institute)

Date & Day	TIME: 10:00 AM TO 01:00 PM
	1 st Semester
08.12.2025 (Monday)	PGDYT-CT-101: Foundations of Yoga
10.12.2025 (Wednesday)	PGDYT-CT-102: Hatha Yoga and its Practicess
12.12.2025 (Friday)	PGDYT-CT-103: Biomechanics and Kinesiology
15.12.2025 (Monday)	PGDYT-CT-104: Impacts of Yogic Practices on Human Body
17.12.2025 (Wednesday)	PGDYT-CT-105: Fundamental Principle of Yoga Therapy

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